Name of Subject: Outdoor Education

Stage: 1

General information: Outdoor Education can be taken as a 10 or 20 credit course. In this subject we look at the study of the human connection to natural environments through outdoor activities. By participating in these activities, students develop knowledge and skills and reflect on their personal, group, and social development. Students also gain an understanding of environmental sustainability and cultural perspectives of a chosen natural environment within Whyalla.

Content:
1. Environment and Conservation- Students look at the appreciation and value of natural history and culture on natural environments.
2. Planning and Management- Students develop basic skills in implementing outdoor activities and lightweight journeys. Some focus studies include planning an outdoor journey, including aspects of food, clothing shelter and land management.
3. Outdoor activities- Students develop the basic skills they need to participate safely and effectively in outdoor activities. Some focus studies include first aid, leadership and group skills.
4. Outdoor Journey- Students undertake an additional outdoor activity with a 3-day outdoor journey that is either human powered or uses natural forces.

Assessments: Assessment type 1- Practical Activity- the students are involved in two different outdoor activities and at least one outdoor journey. Assessment is looking at practical skills tests, safe and appropriate use of equipment and environmental observations.
Assessment type 2- Folio- students collect evidence of their learning through undertaking one outdoor study. Assessment is producing a blog demonstrating evidence of learning in relation to the application of knowledge, reflection and communication.
Assessment types 3- Journal- Students keep a journal for the outdoor journey, in which they reflect record and evaluate their experiences during the outdoor journey. The format is up for negotiation, however, must relate to planning, management, personal development and environmental observation.

Special Information: As Assessment three states the students must undertake a 3 day human powered journey to reflect on their practical skills, planning and management and environmental awareness. The camp is negotiated with the class taking into consideration their skills and abilities, in 2010 it was a Kayaking trip on the Murray River.
There is no theory exam for this subject.

Prerequisites: No prerequisites.

Preferred prerequisites:
Students need to be prepared to be involved in practical activities both around school and on the journey on a regular basis.