Communication and relationships are the fundamentals of effective education. Sometimes, through the busy-ness of everyone’s lives, taking the time for essentials gets lost. We have often encouraged parent communication through this medium and are pleased that this has been taken on board this year with a number of specific and positive critique about various aspects of your children’s school lives. The Primary Sports Day reflections still keep arriving and they have been very useful. Thank you for taking the time to put pen to paper.

Recently we received a number of letters from members of the Whyalla Community congratulating our students on their efforts with Community Outreach. Such letters say so much about the generosity of spirit, good manners and sheer effort of your children. At a Diocesan Leaders’ conference some of us attended last week, Sister Mary Cresp said, “You can tell what is in someone’s heart by what they do with their hands and feet”. When we think of our volunteers, hard working staff, parent community groups and students in their outreach ministry we see their hands, feet – and heart at their best. Taking time to walk with children on their journey – to be their ‘sat-nav’, even when they lose their way is the work of hands, feet and heart of all significant adults in their lives.

**CONGRATULATIONS**

Our heartfelt congratulations are extended to Katrina & Sean Kelly on the birth of their son Tadgh. Congratulations are also extended to Antoinette Daniels and Andresh Naiker on the birth of their son Marcel. The boys will share a birthday as they were born on the same day. Our congratulations continue, it is wonderful to share good news. Congratulations to Alexia Cafcaakis and Nick Prokopec on their engagement and to Josh Boden and Melissa Perrotta on their marriage in Adelaide, you may have seen the beautiful photograph in the Advertiser.

**IN MEMORY**

It is with great sadness that we share with our community that Jo-Anne Thomas, old scholar of both Our Lady Help of Christians and Saint John’s, passed away on Friday morning, after a brave journey as a transplant recipient. We ask that you keep Jo-Anne’s family and friends in your prayers at this difficult time.

**NEW BISHOP**

Next Wednesday will be the long awaited Installation of our Bishop for the Diocese of Port Pirie Bishop Greg O’Kelly. We will travel to Port Pirie with Student Leaders and REC’s to be a part of this joyous occasion.

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**Coming Events**

**THURSDAY, JUNE 4**
- Interim Board Meeting, 7:30pm at SJC

**FRIDAY, JUNE 5**
- STC Year 5/6 Baverstock Campus Assembly at 9:30am

**THURSDAY, JUNE 11**
- STC Rec/Year 1 Sanders Liturgy at 9:30am in the library

**FRIDAY, JUNE 12**
- Year 1/2
- JUNE 9-12
- Year 12 Exams

**JUNE 15 - 19**
- Year 11 Exams

**MONDAY, JUNE 22**
- Parent Community Meeting, 7:30pm at SJC

**FRIDAY, JUNE 26**
- Parent Community Quiz Night, 7:30pm at SouthWhyalla Football Club

**MONDAY, JUNE 29**
- Primary Reports Distributed
**PARISH NEWS**

This Sunday we celebrate Trinity Sunday when we praise and bless God for being what he is: the Father full of tenderness and compassion, the Son who has made us his co-heirs of glory, and the Spirit who leads us all into truth.

Last Friday our First Eucharist children had their second workshop day and for all involved it was a very enjoyable day and the children showed their appreciation with thanks and enthusiasm. This Wednesday evening they will have the opportunity for Reconciliation along with their families. First Eucharist will take place in the parish churches on the weekend June 13-14. As a parish we pray for the children and their families in the coming days.

Next Wednesday a number of parishioners are attending the Mass for the Liturgical Reception of Bishop Greg O’Kelly in Port Pirie. Some of our parishioners and students are in the choir which is a great privilege.

Sr Cheryle Thomson
ON BEHALF OF THE PARISH TEAM

**WEEKEND MASS TIMES**

<table>
<thead>
<tr>
<th>St Teresa’s Church</th>
<th>Our Lady Help of Christians Church</th>
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<tr>
<td>Saturday 7:00pm</td>
<td>Sunday 10:30am</td>
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<td>Sunday 8:30am</td>
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**RELIGIOUS DIMENSION**

Every time we make the sign of the Cross we acknowledge the Most Holy Trinity. In the additional notes for the First Letter of Saint John we read, “There are three that testify, in heaven, the Father, the Word, and the Holy Spirit, and these three are one.” The word Trinity doesn’t seem to crop up that much in Scripture although the essence is conveyed considerably – three persons, one God. What does it mean to believe in a Trinitarian God today? I find it humbling, a reminder of my finiteness in comparison with the vastness of God, the infinity of God who is Transcendent. I think we are greatly blessed, we can trust in God the Father, follow Jesus and be moved by the Spirit.

Angela Rogers
REC - SJC

**UNIFORM SHOP**

*Opening Hours*
- Wednesday 8:00-10:00am
- Thursday 2:30-4:30pm

Kerry Azzopardi Sharon Waldron
Ph: 8649 3168

**UNIFORM SHOP**

**COLLEGE NEWS**

**INSTALLATION OF WATER CONSERVATION MEASURES**

You may have noticed that a number of rainwater storage tanks have been recently installed on each of the campuses.

Plumbers have installed the water conservation measures recommended by an audit that was completed by Water and Energy Savers Pty Ltd who are specialist water conservation auditors.

This is the latest stage in our Schools Water Conservation Project undertaken as part of the Australian Government Community Water Grant Round 3.

The Water Conservation Audit estimated that total water savings available at our school would be approximately 1,100,000 litres/year.

The water savings come from installation of:

**St Teresa’s Campus**
- 3 x 7000lt storage tanks
- 2 x 5600lt storage tanks
- 1 x 9300lt storage tank

Including associated pumps for assistance with irrigation.

**Our Lady Help of Christian’s Campus**
- 1 x 18000lt storage tank
- 1 x 13000lt storage tank
- 2 x 9000lt storage tanks

Including associated pumps for assistance with irrigation.

**Saint John’s Campus**
- 2 x 13000lt storage tanks
- 1 x 9000lt storage tank
- 2 x 3000lt storage tanks

Including associated pumps for assistance with irrigation.

The installation phase has presented an interesting opportunity for our students and staff to observe the process and take note of the various water conservation measures that have been installed, the performance of the water conservation measures and the water savings that will result.

The Community Water Grant is a great win-win solution for our school, our community, our commitment to water savings and the environment.

Geoff Cooke
BUSINESS MANAGER
LEADERS CONFERENCE

I was fortunate to attend the annual Port Pirie Diocese Leaders Conference in Barmera last Thursday and Friday. People from all Catholic services across the Diocese were invited to the conference.

As we can all fit into one large room, there is always a true feeling of solidarity at these occasions, leaders of the diocese working toward the same goal.

We were privileged to have Bishop Elect, Greg O’Kelly, also attending.

Patricia Page
PRIMARY CAMPUS LEADER

JUNIOR HOCKEY

There is no junior hockey this weekend due to the long weekend. We have U13 Girls and Boys teams competing in Adelaide at the State Club Championships this weekend, and we wish both teams all the very best. We also wish good luck to the senior teams competing at State Zone Championships. See you all back on Friday, June 12 for junior hockey.

Tania Taylor
JUNIOR HOCKEY COORDINATOR

FIRST EUCHARIST

The time when we will be celebrating the First Eucharist for our candidates in our Parish community is fast approaching.

At last week’s workshop candidates took part in a variety of activities, including badge making, certificates and tasting of the bread and wine.

Here are some important First Eucharist dates for the coming week:

- **Saturday, June 13**
  - Celebration of First Eucharist Mass - 7:00pm
  - St Teresa’s Church

- **Sunday, June 14**
  - Celebration of First Eucharist Mass - 8:30am
  - St Teresa’s Church

- **Sunday, June 14**
  - Celebration of First Eucharist Mass - 10:30am & 5:30pm
  - Our Lady Help of Christians Church

Please pray for our First Eucharist candidates as they continue to prepare for their special day. It is an important and exciting time for them and their families.

Eleni Vailas Bernie Meixner
REC - OLHCC REC - STC

PRIMARY CAMPUS NEWS

REC/YEAR 1 SANDERS LITURGY

Mrs Sanders class will be celebrating Liturgy at St Teresa’s Campus on Thursday, June 11 at 9:30 am in the Library. Parents are most welcome to attend.

YEAR 1/2 WOHLING AND YEAR 3/4 OPIE ASSEMBLY

Mrs Wohling and Miss Opie will hold a Lower Campus Assembly on Friday, June 12 at 9:30am in the Library.

Bernie Meixner
CAMPUS COORDINATOR

YEAR 6/7 GOGOLL

Aboriginal Perspectives of Astronomy

Our class assembly last week was based on astronomy from Australian Indigenous perspectives. Aborigines, like Christians, have their own stories that explain the origin of the world, themselves and all that make up the world that provide Aboriginal people with a strong and close association with the land.

Our class studied some dreaming stories that tell of the creation of the moon, sun and the constellation Orion. I really enjoyed acting out the Dreaming Stories.

Dimitri Antonio

ST TERESA’S CAMPUS NEWS

We analysed many Dreaming Stories about astronomy which gave unity and purpose to Aboriginal Societies. We then turned them into plays and compared them with scientific perspectives of astronomy. The children were extremely creative and enthusiastic about the plays.

Lou Gogoll

I really enjoyed our assembly because I have learnt a lot about how Aboriginals used their Dreaming stories to explain the moon and constellations.

Holly Phillis

Our assembly was very enjoyable to create and perform. I also think the audience enjoyed watching.

Michael Faulds

Our class studied some dreaming stories that tell of the creation of the moon, sun and the constellation Orion. I really enjoyed acting out the Dreaming Stories.

Dimitri Antonio
SAPSASA FOOTBALL

Congratulations to Lewis McLauchlan who is in Year 7. Lewis has been selected to represent SAPSASA at the forthcoming School Sport Australia Football Championship.

This event will be held in Maroochydore, Queensland, from July 25 – August 1, 2009.

Well done Lewis! We wish you a successful trip.

Patricia Page
PRIMARY CAMPUS LEADER

LITURGY OF THE WORD

You are most welcome to join us for Liturgy of the Word next Thursday, June 11 at 2:45pm in the Church. It will be presented by Rec/Year 1 Ms Rothe. We hope to see you there!

God Bless
Eleni Vailas
CAMPUS COORDINATOR

SCHOLASTIC BOOK CLUB

ISSUE 4

Please bring all book order forms and money to the Library by Tuesday, June 9.

Thank you
Diana Jeffery
BOOK CLUB COORDINATOR

SCIENCE

In Science Year 2/3 Sinclair has been exploring earth and beyond and the students have discovered many facts about our solar system which they have shared with each other.

SAINT JOHN’S CAMPUS NEWS

Samaritan College presents:

Year 11

Performance Night

Friday, June 12, 6:00-7:15pm

Please join us for a night of Drama, Music and Dance.

Please arrive at the bottom of the front office stairs at 5:30pm for a 6:15pm start.

6:00-6:20pm ~ Den
Ms Budrys’ Year 11 Drama Class

6:25-6:45pm ~ Music Room
Miss Pfeiffer’s Year 10 & 11 Music Classes

6:50-7:15pm ~ Xavier Wing
Miss Howard’s Year 11 Dance Class

We hope you can join us!

Students from any year level are welcome to attend.

MATHS HELP

Tuesday, 3:30 - 4:30pm in the Library.

SCIENCE HELP

Wednesday, 3:30-4:30pm in the Library.
JAPANESE CULTURAL EXCHANGE

It is with regret that we have made the decision not to go ahead with hosting Japanese students this year, in response to health authority advice about quarantine. Although attempts to come up with alternative times were given considerable attention, we were unable to find a month that suited the needs of both school calendars without detriment to students. All potential host families have received a letter of explanation and thanks for their goodwill. We will endeavour to run the program again next year as it is a much valued learning experience for the entire community.

YEAR 7-8 TRANSITION PROGRAM

Following the Information Evenings and Principals’ Tours, we now spend the rest of the term interviewing for enrolments for children who are NOT currently part of Samaritan College. Year 7 Samaritan students need to return their transition intention form back as soon as possible please. We hope that families were able to glean some insight into secondary school life and look forward to meeting with you again later in the year.

Terissa Shepherd
CO-PRINCIPAL

YEAR 11 RETREAT

Last week the students in Year 11 attended their Year Level Retreat, which was held at Pichi Richi Park near Quorn. The students really made the most of the experience and engaged themselves in all aspects of the retreat. A big thank you to Angela Rogers, Alexia Cafcakis, Nathan Wohling, Marie Van Niekerk, Robert Shaughnessy, Christine Duffield, Tom Martin, and Joshua Boden for making the retreat memorable for the students.

YEAR 11 EXAMS

With Semester One drawing to a close, the focus in a couple of weeks for our senior students will be to sit their end of semester exams and to complete major assignments. Your child will receive an examination timetable this week from their caregroup teacher and all parents and students are encouraged to familiarise themselves with the timetable. Some important points to remember during the exam week are;

Year 11 Exams are from
Monday, June 15 – Friday June 19

- Students only need to attend school when they have a timetabled exam or work completion.
- Students are required to wear their school uniform, during any stage they are at school during exam week. The library will be made available to any student wishing to study.
- Please contact Mrs Vanzo at the school via the front office if your child is unable to attend an exam (depending on circumstance a medical certificate is usually expected).
- Any student who wishes to wear their uniform whilst not at school (ie at Westland after an exam) needs to wear it appropriately. I therefore encourage students to wear casual clothes if they do not wish to wear their uniform neatly during this time.

YEAR 11 WORK COMPLETION

If your child has a work completion timetabled during exam week they are also required to attend. Their subject teacher has allocated this time where they wish to meet with the students to complete work required for assessment. If your child is unable to attend a work completion please contact your child’s subject teacher. Please don’t hesitate to contact your child’s Caregroup teacher, Brett Czechowski (SACE Coordinator) or myself if you have any queries regarding the examination process.

YEAR 11 WORK EXPERIENCE

In Week 10 (June 29 – July 3) the Year 11s will embark upon their Work Experience. Please discuss with your child their progress with attaining placement for the week, as it is expected that all forms and placements are finalised by the beginning of Week 9 (June 22). If you are having any difficulties or concerns regarding the program, please contact your child’s Caregroup teacher or myself.

Jade Vanzo
YEAR 11 COORDINATOR
## Canteen Rosters
**Monday, June 8 – Friday, June 12**

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## Community News

**GENERATION NEXT**

A public seminar aimed at understanding the unique health and wellbeing challenges facing generations Y & Z - and how these challenges can be met.

**SATURDAY, JUNE 27**

**6-10PM, HALL E, ADELAIDE CONVENTION CENTRE**

Australia’s leading experts on children & teenagers in one event

$45 per person from Ticketek 132 849

For more information visit the website gennextseminars.com

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**Eat Well & Be Active**

Do sports and energy drinks help children’s sports performance?

Sports drinks promise to give ‘energy for longer’ and ‘improve sports performance’ but young athletes don’t need these drinks and the best drink is still WATER!

Sports drinks have three main ingredients: water, sugar and salt and it’s really only the water component that young people need when they are exercising (even in very hot conditions). The amount of salt in sports drinks is too much for children and the acidic nature can erode teeth. There is also too much sugar in these drinks for children and their increasing consumption may be part of the childhood obesity problem.

It is well known that thirst is a poor indicator of hydration. This means that by the time you feel thirsty, you are already dehydrated. This is why it is essential to drink water both before, during and after exercise.

Energy drinks are also promoted as improving sports performance but this is only for elite athletes. They contain caffeine and large amounts of sugar and are not suitable for children and young people to consume, especially not during or after exercise.

So remember to make sure your children are well hydrated with water before they go out to training or play sports. Always pack plenty of water instead of sports drinks to allow them to remain healthy and perform at their best.

For more information contact:

Whyalla Hospital & Health Services
Dietetics Department on 86 488327